



Campfire Wood,
Charcoal &
Propane Exchange
Available

West Greenwich
Location Fish & Chips
Every Friday
11am-8pm.
Please Call Ahead

ROCH'S FRESH FOODS

Taste why "fresh" is our middle name



Fresh
Bread Slicing
Now Available
In Both
Stores!

Gift
Cards
Available

80 Years and 4 Generations of Supermarket Experience

Narragansett

1183 Boston Neck Road, Narragansett, RI 02882

Monday-Saturday 7am to 8pm, Sunday 7am to 7pm

401-284-2900

COME VISIT US AT
OUR NARRAGANSETT AND
NEW WEST GREENWICH
LOCATIONS

West Greenwich

30 Arnold Farm Road, West Greenwich, RI 02817

only a minute off Exit 14 on 95

Monday -Saturday 7am to 8pm, Sunday 7am to 6pm

401-397-ROCH (7624)

**BUTCHER SHOP • BAKERY • DELI • SEAFOOD • PREPARED FOODS/SALAD
DAIRY • FRUITS • VEGETABLES • A FULL LINE OF GROCERIES**



**Fresh
Ground Chuck or
Ground Round**
\$4⁹⁹ lb.

BUTCHER SHOP

USDA Choice

Shoulder Steak
or Shoulder
Pot Roast **\$5⁹⁹** lb.

Boneless and Skinless
Chicken
Breasts **\$2⁶⁹** lb

Locally Made
Central Falls
Kielbasa **\$5⁹⁹** lb



**Chocolate
Cream Pie**
\$16⁹⁹ ea.

BAKERY

Assorted
Tea Breads **\$5⁹⁹** ea.

Large
Snickerdoodle
Cookie **\$1⁸⁹** ea.

Limoncello
Cake **\$17⁹⁹** ea.



From Mexico
**Large Hass
Avocados**
\$1⁴⁹ ea.

PRODUCE

Peeled and Diced - Local
Butternut
Squash **\$1⁷⁹** lb.

Fresh Green Beans **\$1⁴⁹** lb.

Sweet & Delicious
Pluot Plums **\$1⁹⁹** lb.

Red & Ripe Pint
Grape Tomatoes **\$1⁹⁹** ea.

Fresh Gallons
Apple Cider **\$6⁹⁹** ea.

SEAFOOD

Our West Greenwich Fresh Seafood Case Is Now Open!!!
Fresh and Local Steaks, Fillets, Scallops and Shrimp Available!!

Fresh
Cod Fillets **\$10⁹⁹** lb.



Cilantro **\$1⁴⁹** bu.
Jalapeno Peppers **\$1⁴⁹** lb.
McIntosh Apples **\$1⁴⁹** lb.

DELI

Roch's
Oven Roasted
Turkey Breast **\$10⁹⁹** lb.

Provolone
Cheese **\$4⁹⁹** lb.



**Roch's Store Made
Chicken Salad**
\$9⁹⁹ lb.

PREPARED FOODS

Grilled
Sirloin Tips **\$18⁹⁹** lb.

Grilled
Potato Wedges **\$5⁶⁹** lb.

Stir - Fried
Green Beans **\$5²⁹** lb.

Chicken Stir-fry with
White Rice Entrée **\$6⁹⁹** lb.

GROCERY

18.5-19 oz. Assorted Flavors Traditional & Spice It Up
**Progresso
Soups** **2/\$5**

30 oz.
Dukes
Mayonnaise **\$6⁹⁹** ea.

15.25 oz. Assorted Flavors
Duncan Hines
Classic Cake Mixes **2/\$3**

14-16 oz. Assorted Flavors
Duncan Hines
Frostings **4/\$5**

6.7-7.33 oz. Assorted Flavors
Stacy's
Pita Chips **\$3⁴⁹** ea.

16 oz.
Dawn Powerwash
Dish Spray **\$4⁴⁹** ea.

5.9-6.6 oz.
Assorted Flavors
**Hamburger
Helper**
2/\$4



**Cajun Blackened
Shrimp**
\$16⁹⁹ lb.



11.7 oz. Assorted Varieties
**Pillsbury
Toaster Strudel**
\$2⁹⁹ ea.

FROZEN FOOD

10.6-14 oz.
Assorted Flavors
**Yasso
Greek
Yogurt
Bars**
\$3⁹⁹ ea.



5.3 oz. Assorted Flavors
**Chobani
Yogurt** **4/\$5**

Prices in Effect September 27 - October 3

Rt. 102 Victory Highway, Exit 14b off Rt. 95 (across from Dan's Place) • Check us out online at www.Rochs.com

We reserve the right to limit quantities & correct typographical errors. Illustrations are for design purposes only. Items are while supplies last and no rain checks. Due to current market conditions, item retails may change, and products may become unavailable unexpectedly.