

ROCH'S

FRESH FOODS

Reliably Sourced Locally Served

PROVIDING QUALITY PRODUCE AND FRIENDLY SERVICE
TO OUR COMMUNITY SINCE 1954

WEEKLY SPECIALS

PRODUCE

Large
Washington State
Fuji Apples

99¢
lb.

*Excellent
for Eating!*

First of the Season
Imported Plums **\$2⁹⁹** lb.

Green or Red
Peppers **\$1⁴⁹** lb.

Fresh
Ginger Root **\$2⁹⁹** lb.

Grown in California, Large
Fresh Garlic **\$4⁹⁹** lb.

Red & Ripe
Florida Extra Large
Beefsteak
Tomatoes **\$1⁴⁹** lb.



Butternut
Squash
49¢ lb.

5 lb. Bag
Russet Potatoes **\$2⁴⁹** ea.

BUTCHER SHOP

USDA Choice
Sirloin Steak
or Roast **\$7⁹⁹** lb.

For Your Chili or Tacos!
Coarse Ground **\$5⁹⁹** lb.



Boneless & Skinless
Chicken
Thighs **\$2⁶⁹** lb.

GROCERY

Coke
2 Liter
2/\$5



Dumpling Daughter
Soy Sauce **\$5⁹⁹** ea.

Skippy
Peanut Butter **2/\$5**

9-12.4 oz.
Cheez-It **\$3⁷⁹** ea.

16 oz.
Nabisco
Saltines **\$3⁷⁹** ea.



13.5 oz. Assorted Varieties
Kellogg's
Pop-Tarts
2/\$5

FROZEN FOODS

Don't Forget the Sauce!
Dumpling Daughter
Dumplings **\$5⁹⁹** ea.

Eggo Waffles, Pancakes,
and French Toast **\$3²⁹** ea.

8-10.5 oz. Morning Star
Vegetarian Patties **\$3⁹⁹** ea.

DAIRY

64 oz.
Almond Breeze
Almond Milk **\$2⁹⁹** ea.

DELI



Triple M
Roast
Beef **\$9⁹⁹** lb.

Muenster
Cheese **\$6⁹⁹** lb.

Italian
Pasta Salad **\$6⁹⁹** lb.

PREPARED FOODS

Breaded Eggplant **\$7⁹⁹** lb.

Broccoli &
Roasted Garlic **\$5⁹⁹** lb.

Mashed Potatoes **\$5⁹⁹** lb.

Roasted Pork Loin
with Gravy **\$7⁹⁹** lb.

Swedish Meatballs
& Egg Noodles Entrée **\$7⁹⁹** lb.

BAKERY

2 Pack
Apple Crumble
Blossom **\$7⁹⁹** ea.

Half Dozen
Salt & Oil Rolls **\$3⁹⁹** ea.

*Find it in Our Single Serve
Dessert Case!*
Jumbo Cupcake **\$2⁹⁹** ea.

St. Pierre
Mini Croissants **\$8⁹⁹** pkg.

Local Market Locations:

Visit us online at
www.rochs.com

West Greenwich

10 ARNOLD FARM ROAD
WEST GREENWICH, RI 02817

401-397-7624

HOURS: MON - SAT: 7AM - 7PM SUN: 7AM - 6PM

Narragansett

1183 BOSTON NECK ROAD
NARRAGANSETT, RI 02882

401-284-2900

HOURS: MON - SUN: 7AM - 7PM

Prices
in Effect
January 29 -
February 4