

ROCH'S

FRESH FOODS

Reliably Sourced Locally Served

PROVIDING QUALITY PRODUCE AND FRIENDLY SERVICE
TO OUR COMMUNITY SINCE 1954

WEEKLY SPECIALS

PRODUCE

Green or Red
Seedless Grapes

\$2.49
lb.

*Peak
of the
Season!*

Local Paula
Red Apples
Sweet and Nutritious
Mangoes
2 oz. Bag Northeast
Sliced Apples
1 lb. Bag
Baby Peeled Carrots
1/2 Gallon "Carsons"
Pink or Yellow
Lemonade
Pint
Grape Tomatoes

99¢
lb.

99¢
ea.

3/99¢

\$1.49
lb.

\$2.99
ea.

\$1.99
pk.



New!

Roch's Own In-Store

SUSHI

Made Fresh Daily!

Large Party Platters Available
with 36 hr. notice

BACK TO SCHOOL SNACKS!

Sweet, Healthy
Clementines **\$4.99**
3 lb. Bag



BUTCHER SHOP

8 oz. Classic, Maple, or Honey

Hatfield Boneless
Ham Steak **\$2.99**
ea.

Fresh
Pork
Tenderloin **\$3.99**
lb.

Boneless,
Skinless
Chicken
Thighs **\$2.99**
lb.
USDA Choice or Higher
Beef
Chuck Roast **\$6.99**
lb.



SEAFOOD

True North 4 oz. Frozen
Smoked Salmon **\$6.99**
ea.

\$6.99
ea.

DELI

Wunderbar
German
Bologna **\$4.99**
lb.

Land O Lakes
American Cheese **\$6.49**
lb.

Roch's
Macaroni Salad **\$5.99**
lb.



PREPARED FOODS

Breaded
Chicken Cutlets **\$10.99**
lb.

Cheese Lasagna Rollette **\$7.99**
lb.

Broccoli and
Roasted Garlic **\$6.99**
lb.

Oven Roasted
Potatoes **\$7.99**
lb.

American Chop Suey **\$8.99**
lb.

GROCERY

10.5 oz.
Lucky
Charms
and
Cinnamon
Toast Crunch
Cereal **\$4.99**
ea.



12 oz.
Velveeta
Shells Dinner **2/\$6**

15 oz.
Wishbone
Salad Dressing **2/\$5**
MIX & MATCH!

16-32 oz.
Vlasic Pickles **2/\$6**

20 oz.
Heinz Ketchup **\$2.99**
ea.

17.5 oz.
Betty Crocker
Cookie Pouch **2/\$5**

5.2-5.57 oz.
Pringles **\$2.50**
ea.



DAIRY

8 oz.
Cabot
Cheese Bars and
Shredded Cheese **2/\$7**
MIX & MATCH!

52 oz. Original
Planet Oatmilk **\$2.99**
ea.

6.5 oz.
Reddi Wip
Whipped Cream **\$2.99**
ea.

FROZEN FOODS

Good Humor
Strawberry
Shortcake Bars **\$3.99**
ea. 6 ct. 18 oz.



BAKERY

Simple Joys
Sliced Vanilla
Cake **\$6.49**
ea. 14 oz.

Sourdough
Boule **\$4.99**
ea.

M&M Cookie **\$1.99**
ea.



Local Market Locations:

Visit us online at
www.rochs.com

West Greenwich

10 ARNOLD FARM ROAD
WEST GREENWICH, RI 02817
401-397-7624

HOURS: MON-SAT: 7AM-8PM; SUN: 7AM-6PM

Narragansett

1183 BOSTON NECK ROAD
NARRAGANSETT, RI 02882
401-284-2900

HOURS: MON-SAT: 7AM-8PM; SUN: 7AM-7PM

Prices
in Effect
September
3-9