

ROCH'S

FRESH FOODS

Reliably Sourced Locally Served

PROVIDING QUALITY PRODUCE AND FRIENDLY SERVICE
TO OUR COMMUNITY SINCE 1954

WEEKLY SPECIALS

PRODUCE

Hass Mexican
Avocados

99¢
ea.

Paula Red or Ginger Gold

Apples

New
England
Grown!

99¢
lb.

Baby

Arugula

\$6⁹⁹
lb.

Baby

Spinach

\$4⁹⁹
lb.

White Flesh

Peaches

\$1⁹⁹
lb.

5 lb. US #1 All Purpose

Potatoes

Rhode
Island
Grown!

\$2⁹⁹
ea.

Large Size

Honeydew Melons

\$2⁹⁹
ea.



New!

Roch's Own In-Store

SUSHI

Made Fresh Daily!

Large Party Platters Available
with 36 hr. notice

EASY TO USE!

Peeled Butternut
Squash

\$1⁹⁹
lb.



BUTCHER SHOP

Panko Chicken Breast

\$6⁴⁹

Cutlets

lb.

Chicken
Stir Fry

\$6⁴⁹

lb.

16 oz. Pkg. Hatfield

Smoked Bacon

\$6⁹⁹

ea.

Boneless

Chicken
Breast

lb.

Boneless

Chicken

Breast Cutlets

\$5⁹⁹

lb.



SEAFOOD

Tony's Seafood

Salmon Patties

\$5⁹⁹
ea.

DELI



Krakus
Imported
Ham

\$7⁴⁹
lb.

Cooper Sharp
American Cheese

\$5⁹⁹
lb.

Beet and Onion
Boston Salad

\$4⁹⁹
lb.

PREPARED FOODS

Baked
Salmon

\$16⁹⁹
lb.

Breaded
Eggplant

\$8⁹⁹
lb.

Roasted
Brussels Sprouts

\$6⁹⁹
lb.

Teriyaki Chicken
w/Sesame Noodles
Entrée

\$8⁹⁹
lb.

GROCERY



Post
Great
Grains
Cereal

15.5-16 oz.

\$4⁹⁹
ea.

16 oz.
Barilla Pasta

3/\$4

16 oz.
Kraft Dressings

\$3⁹⁹
ea.

24 oz.
Mott's Applesauce

\$2⁹⁹
ea.

10 oz.
Rotel
Diced Tomatoes

2/\$3

1 lb.
Velveeta Plain
Cheese Loaf

\$5²⁹
ea.

16 oz.
Duncan Hines
Frosting

2/\$4

6.3 oz.
Combos Stuffed
Pretzel Snacks

2/\$5

DAIRY

Cabot
Cracker Cuts 7 oz.

2/\$6

14.1 oz.
Pillsbury
Pie Crust

\$3⁹⁹
ea.

5.3 oz.
Brown Cow
Whole Milk Yogurt

5/\$5

FROZEN FOODS

8 oz.
Cool Whip
Frozen Topping

2/\$4

16 oz.
Mrs. T Pierogie

\$2⁹⁹
ea.

10-14 oz.
PictSweet Farms
Steam'ables

2/\$4

BAKERY

Pumpkin
Tea Bread

\$6⁹⁹
ea.

Snickerdoodle
Cookie

\$1⁹⁹
ea.

AT OUR GRAB AND GO CASE!

Assorted
Pie Slices

\$4⁹⁹
ea.



Local Market Locations:

Visit us online at
www.rochs.com

West Greenwich

10 ARNOLD FARM ROAD
WEST GREENWICH, RI 02817
401-397-7624

HOURS: MON-SAT: 7AM-8PM; SUN: 7AM-6PM

Narragansett

1183 BOSTON NECK ROAD
NARRAGANSETT, RI 02882
401-284-2900

HOURS: MON-SAT: 7AM-8PM; SUN: 7AM-7PM

Prices
in Effect
September
10-16