

ROCH'S

FRESH FOODS

Reliably Sourced Locally Served

PROVIDING QUALITY PRODUCE AND FRIENDLY SERVICE
TO OUR COMMUNITY SINCE 1954

WEEKLY SPECIALS

PRODUCE

Corn

2/\$1

ears

*Locally
Grown!*

Plum
Tomatoes

4 oz. Assorted Blends

Little Leaf Salads

California Grown

Pomegranates

Sweet

Onions

10 lb. Bag All Purpose

Potatoes

Butternut Squash

Betty Crocker Whipped
Chocolate Frosting 12 oz.

*Locally
Grown!*

\$1⁹⁹

lb.

\$2⁹⁹

pk.

\$2⁵⁰

ea.

88¢

lb.

*"Quonset
View"
RI*

\$4⁹⁹

ea.

99¢

lb.

99¢

ea.

New!



Roch's Own In-Store

SUSHI

Made Fresh Daily!

Large Party Platters Available
with 36 hr. notice

LOCAL!

McIntosh
Apples

\$1⁷⁹

lb.



BUTCHER SHOP

Coarse
Ground Beef \$6⁹⁹
for Chili or Tacos

Fresh
Baby Back
Ribs

\$4⁴⁹

lb.

*Assorted
Flavors
Made Daily!*

Fresh Store Made
Chicken
Sausage

\$4⁹⁹

lb.



SEAFOOD

*Cut in
Store!*
Fresh
Salmon Filets

\$13⁹⁹

lb.

DELI

Triple M
Roast
Beef

\$11⁹⁹

lb.

Roch's
Chicken Salad

\$10⁹⁹

lb.

Pesto Tortellini
Boston Salad

\$6⁹⁹

lb.



PREPARED FOODS

Breaded
Pork Chops

\$8⁹⁹

lb.

Glazed
Carrots

\$5⁹⁹

lb.

Mashed
Potatoes

\$5⁴⁹

lb.

Shepherd's Pie
Entree

\$9⁹⁹

lb.

GROCERY



Post
Honeycomb
and
Honey Bunches
of Oats
12-12.5 oz. Cereal

2/\$5

Krusteaz 28 oz.

Belgian Waffle Mix

\$2⁹⁹

ea.

24 oz.

Log Cabin Syrup

\$3⁹⁹

ea.

Betty Crocker 4 oz.

Mashed Potato Pouch

5/\$5

Ben's 8.5-8.8 oz.

Ready Rice

2/\$5

Assorted Varieties

El Paso 8.8-14 oz.

Dinner Kit

2/\$6

Hunt's

Diced Tomatoes
14.5 oz.

2/\$3



FROZEN FOODS

Nathan's

Onion Rings 16 oz.

\$3⁹⁹

ea.

Talenti Pints

\$3⁷⁹

ea.

12-15 oz. Wyman's
Frozen Blueberries,
Raspberries, or
Mixed Berries

\$3⁹⁹

ea.

BAKERY

Salt & Oil
Rolls

6 Pack

\$4⁹⁹

ea.

Caramel Apple
Cookie

\$1⁹⁹

ea.

Pumpkin Mousse
Squares for Two

\$7⁹⁹



Local Market Locations:

Visit us online at
www.rochs.com

West Greenwich

10 ARNOLD FARM ROAD
WEST GREENWICH, RI 02817

401-397-7624

HOURS: MON-SAT: 7AM-8PM; SUN: 7AM-6PM

Narragansett

1183 BOSTON NECK ROAD
NARRAGANSETT, RI 02882

401-284-2900

HOURS: MON-SAT: 7AM-8PM; SUN: 7AM-7PM

Prices
in Effect
September
17-23