

ROCH'S

FRESH FOODS

Reliably Sourced Locally Served

PROVIDING QUALITY PRODUCE AND FRIENDLY SERVICE
TO OUR COMMUNITY SINCE 1954

WEEKLY SPECIALS

PRODUCE

McIntosh
Apples
99¢
lb.

*New
England
Grown!*

Broccoli Crowns

\$1.49
lb.

Large Size
Red Ripe Tomatoes

\$1.49
lb.

Bunch
Celery

\$1.29
ea.

Baby
Arugula

\$7.99
lb.

Red Peppers

\$1.49
lb.

Large
Red Grapefruit

99¢
ea.



New!

Roch's Own In-Store

SUSHI

Made Fresh Daily!

Large Party Platters Available
with 36 hr. notice

Washington State
Granny Smith
Apples

\$1.49
lb.



BUTCHER SHOP



Pork Loin

Boneless
Chicken Breast

\$3.49
lb.

Boneless
Pork Loin Roast

\$3.49
lb.

Boneless
Chicken Breast Cutlets

\$3.99
lb.

Boneless
Pork Chops
OR Thick Sliced

\$3.99
lb.

Stuffed *Made in Store!*
Pork Chops or Roasts

\$6.99
lb.

Thin Sliced OR Butterflied
Pork Chops

\$4.29
lb.

SEAFOOD

Sea Best
Shrimp Ring



\$8.99
ea.

DELI

Land O Lakes
White
American
Cheese

\$6.99
lb.

New England
Virginia
Baked Ham

\$6.99
lb.

Roch's
Egg Salad

\$5.99
lb.

PREPARED FOODS

BBQ
Pulled Pork

\$8.99
lb.

Turkey and Stuffing
Roll Up

\$10.99
lb.

Roma
Tortellini Salad

\$7.99
lb.

Yankee Pot Roast
Entrée

\$11.99
lb.

GROCERY



Brianna's
Salad
Dressings
Assorted Flavors

2/\$7

Kellogg's 15.4-16.1 oz.

Raisin Bran OR
Raisin Bran Crunch

\$3.99
ea.

Cabot
Seriously Sharp

6.25 oz.

Mac & Cheese

2/\$4

18 oz.
Quaker Quick Oats

\$3.99
ea.

2 Lb. Box
Sugar in the Raw

\$4.99
ea.

6.7-7.33 oz.
Stacy's Pita Chips

\$3.49
ea.

5 oz.
Tate's Cookie Bark

\$4.99
ea.

Fresh Gourmet 3.5 oz.
Tortilla Strips/
Wonton Strips

2/\$5

DAIRY



Cabot
Shredded Cheese
\$2.79
ea.
8 oz. Assorted
Varieties

Laughing Cow
Creamy Cheese Wedges 5.4 oz.

\$3.49
ea.

Hood Half & Half
Creamer QT 32 oz.

\$2.99
ea.

FROZEN FOODS

TGI Friday's
Appetizers

\$4.49
ea.

8-11 oz. Assorted Varieties

Idaho 24-28 oz.
Crispy Fries

\$3.79
ea.

BAKERY



Full Parisian
Bread

\$3.99
ea.

Cowboy
Cookie

\$1.99
ea.

Caramel Apple
Loaf Bread

\$6.99
ea.

Local Market Locations:

Visit us online at
www.rochs.com

West Greenwich

10 ARNOLD FARM ROAD
WEST GREENWICH, RI 02817
401-397-7624

HOURS: MON-SAT: 7AM-8PM; SUN: 7AM-6PM

Narragansett

1183 BOSTON NECK ROAD
NARRAGANSETT, RI 02882
401-284-2900

HOURS: MON-SAT: 7AM-8PM; SUN: 7AM-7PM

Prices
in Effect
September
24-30