

ROCH'S

FRESH FOODS

Reliably Sourced Locally Served

PROVIDING QUALITY PRODUCE AND FRIENDLY SERVICE
TO OUR COMMUNITY SINCE 1954

WEEKLY SPECIALS

PRODUCE

Jumbo
Pumpkins
\$9.99
ea.

Ginger Gold or Paula Red

Apples

99¢
lb.

Pint

Grape Tomatoes

\$1.49
pk.

Medium/Small

Sugar Pumpkins

\$2.99
ea.

Spaghetti or Delicata

Squash

99¢
lb.

Romaine Hearts

\$2.99
pkg.

Broccoli Crowns

\$1.49
lb.

Foss Farm's All Natural

Homemade Marinara Sauce

\$9.99
ea.

Hass
Avocados

99¢
ea.



New!

Roch's Own In-Store

SUSHI

Made Fresh Daily!

Large Party Platters Available
with 36 hr. notice



BUTCHER SHOP

USDA Choice
Sirloin
Steak

\$9.99
lb.

USDA Choice
Petite Sirloin
OR Culotte Steak

\$10.99
lb.

USDA Choice
Sirloin
(Spoon) Roast

\$8.99
lb.

Fresh Grade "A"
Boneless
Chicken Thighs

\$3.49
lb.



GROCERY



Barilla
Pasta
12-16 oz.

MIX & MATCH!

3/\$4

Velveeta
Shells Dinner
12 oz.

2/\$6

Del Monte
Canned Vegetables
11-16 oz.

3/\$5

Kraft Dressing
16 oz.

\$2.99
ea.

Heinz Gravy
12 oz. Assorted Varieties

2/\$5

Vlasic Pickles
16-32 oz.

2/\$5

Heinz
Chili Sauce
12 oz.

2/\$5



DAIRY

Chobani
Creamer

24 oz. Assorted Flavors

\$4.99
ea.



Daisy
Sour Cream 8 oz.

2/\$3

FROZEN FOODS

Mama Rosie
Ravioli &
Cheese Manicotti
20-25 oz.

\$5.99
ea.

McCain's
Fries 14-32 oz.

\$3.99
ea.



BAKERY

M&M
Cookie

\$1.99
ea.



Half
Parisian Loaf

\$1.99
ea.

Cinnamon
Coffee Cake Loaf

\$6.99
ea.

Local Market Locations:

Visit us online at

www.rochs.com

West Greenwich

10 ARNOLD FARM ROAD
WEST GREENWICH, RI 02817

401-397-7624

HOURS: MON-SAT: 7AM-8PM; SUN: 7AM-6PM

Narragansett

1183 BOSTON NECK ROAD
NARRAGANSETT, RI 02882

401-284-2900

HOURS: MON-SAT: 7AM-8PM; SUN: 7AM-7PM

Prices
in Effect
October
8-14