

ROCH'S

FRESH FOODS

Reliably Sourced Locally Served

PROVIDING QUALITY PRODUCE AND FRIENDLY SERVICE
TO OUR COMMUNITY SINCE 1954

WEEKLY SPECIALS

PRODUCE

Red Peppers

\$1.99

lb.

McIntosh/Cortland
Apples

\$1.29
lb.

Local
Spaghetti Squash

99¢
lb.

Local Rhode Island
Potatoes

5 lb.
Bag

\$2.99
ea.

Large
Granny Smith Apples

\$1.29
lb.

Fresh
Cranberries

12 oz.
Bag

\$1.99
ea.

6 Pack Baby Mini
Seedless Cucumbers

\$1.99
pk.



New!

Roch's Own In-Store

SUSHI

Made Fresh Daily!

Large Party Platters Available
with 36 hr. notice



3 lb. Bag
Clementines

\$4.99
ea.

BUTCHER SHOP

Party
Chicken Wings

\$2.99
lb.

Hatfield
Smoked Bacon

\$6.99
ea.

Assorted Varieties

Bubba Burgers

\$15.00
ea.

Frozen 2 lb. Box



Chuck
Roast

\$7.99
lb.

SEAFOOD

SeaBest Raw Frozen 1 lb. 16-20 ct.

Shrimp

\$9.99



DELI

Roch's Choice
Harvest Turkey

\$9.99
lb.

Land O Lakes
Swiss Cheese

\$7.99
lb.

Pesto
Tortellini Salad

\$6.99
lb.



Let's get ready for FOOTBALL!
PREPARED FOODS

Beef Chili
with Cheese

\$6.99
lb.

BBQ Pulled Pork

\$8.99
lb.

Assorted
Chicken Wings

\$7.99
lb.

Chicken Tenders

\$7.99
lb.

Teriyaki
Pot Stickers

\$9.99
lb.

Spinach Artichoke Dip

\$5.99
lb.

Sweet Bourbon
Meatballs

\$9.99
lb.

GROCERY



Post
Honey Bunches
of Oats

11-12 oz. Assorted Varieties

\$3.99
ea.

Quaker Oats
Oatmeal

Variety Pack 9.3 oz.

2/\$7

Dole
Mandarin Oranges

4 Pack 16 oz.

\$3.69
ea.

Betty Crocker
Cookie Pouch

17.5 oz. **MIX & MATCH!**

2/\$5

Skippy
Peanut Butter

16.3 oz.

2/\$5

Nabisco
Belvita Biscuits

8.80 oz.

\$3.99
ea.



DAIRY

Grade A Large White
Eggs

Carton

\$1.99
ea.

Cabot
Shredded Cheese

8 oz. **MIX & MATCH!**

2/\$6

Land O Lakes
Butter Quarters

16 oz. Salted/Unsalted

\$4.99
ea.

FROZEN FOODS

Häagen-Dazs
Ice Cream

Assorted Flavors 14 oz.

\$4.99
ea.

Wyman's
Blueberries, Raspberries,
and Mixed Berries

12-15 oz.

\$3.79
ea.

Wyman's
Strawberry & Mango
Chunks

15 oz.

\$2.99
ea.

BAKERY

Peanut
Butter Cup
Cookie

\$1.99
ea.

Apple and Caramel Crumb

Tea Cake

Spinach and Feta
Danish

\$6.99
ea.

\$2.99
ea.



Local Market Locations:

Visit us online at
www.rochs.com

West Greenwich

10 ARNOLD FARM ROAD
WEST GREENWICH, RI 02817
401-397-7624

HOURS: MON-SAT: 7AM-8PM; SUN: 7AM-6PM

Narragansett

1183 BOSTON NECK ROAD
NARRAGANSETT, RI 02882
401-284-2900

HOURS: MON-SAT: 7AM-8PM; SUN: 7AM-7PM

Prices
in Effect
October
22-28