

ROCH'S

FRESH FOODS

Reliably Sourced Locally Served

PROVIDING QUALITY PRODUCE AND FRIENDLY SERVICE
TO OUR COMMUNITY SINCE 1954

WEEKLY SPECIALS

PRODUCE

*For All Your
Decorating Needs!*

Pumpkins

Large and Small

Peeled and Diced
Butternut
Squash

*Ready
to Use!*

\$1.99 lb.

Delicata
Squash

\$1.49 lb.

Red and Ripe
Grape Tomatoes

\$1.49 lb.

Local
Apple Tote

*3 lb.
Bag!*

\$2.99 ea.

Brown Bear
Peanut Butter

*Locally
Made!*

\$3.99 ea.



New!

Roch's Own In-Store

SUSHI

Made Fresh Daily!

Large Party Platters Available
with 36 hr. notice

BUTCHER SHOP

Bone-In
Chicken Thighs

\$1.39 lb.

Chicken
Drums

\$1.39 lb.

Chicken
Split Breast

\$3.29 lb.

Bell & Evans
Chicken
Tenders
& Nuggets

Assorted Varieties

Roch's Store Made
Pork Sausage

All Varieties

\$4.99 lb.



\$8.99 ea.

GROCERY



Boves
Pasta Sauce

15-24 oz. Assorted Varieties

\$4.49 ea.

Barilla
Protein+ Pasta
& GF Pasta

10-14.5 oz.

2/\$4

Ben's Ready Rice

8.8 oz.

2/\$5

El Paso
Taco Kits

8.8-14 oz.

2/\$7

El Paso
Pickled Jalapenos

12 oz.

\$2.99 ea.

El Paso
Chopped Green Chiles

4 oz.

2/\$3

Rotel
Diced Tomatoes

10 oz.

2/\$3



DAIRY

Bay's
English
Muffins

12 oz.

\$3.29 ea.

Brown Cow
Yogurt

5.3 oz.

5/\$5

Califia Coconut/
Almond Milk

48 oz.

\$3.99 ea.



FROZEN FOODS

Amy's
Macaroni
& Cheese

9 oz.

\$3.49 ea.

New York
Garlic Texas Toast

11.25 oz.

\$2.99 ea.



BAKERY

Ciabatta
Loaf

Assorted Flavors

\$3.99 ea.

Slice Pumpkin
Cheesecake

Snickerdoodle
Cookie

\$3.99 ea.

\$1.99 ea.



SEAFOOD



True North Natural
Smoked Salmon

\$7.99

4 oz.

DELI

Land O Lakes White
American
Cheese

\$6.49 lb.

Triple M
Roast Beef

\$11.99 lb.

Roch's Own
Macaroni Salad

\$5.99 lb.



Let's get ready for FOOTBALL!
PREPARED FOODS

Beef Chili
with Cheese

\$6.99 lb.

BBQ Pulled Pork

\$8.99 lb.

BBQ Ribs

\$9.99 lb.

Chicken Tenders

\$7.99 lb.

Teriyaki
Pot Stickers

\$9.99 lb.

Steak & Cheese
Eggrolls

\$1.99 ea.

Sweet Bourbon
Meatballs

\$9.99 lb.

Coconut Shrimp

\$14.99 lb.

Local Market Locations:

Visit us online at
www.rochs.com

West Greenwich

10 ARNOLD FARM ROAD
WEST GREENWICH, RI 02817
401-397-7624

NEW HOURS: MON-SAT: 7AM-7PM; SUN: 7AM-6PM
(BEGINNING NOVEMBER 2)

Narragansett

1183 BOSTON NECK ROAD
NARRAGANSETT, RI 02882
401-284-2900

NEW HOURS: MONDAY-SUNDAY 7AM-7PM
(BEGINNING NOVEMBER 2)

Prices
in Effect
Oct. 29 -
Nov. 4