

ROCH'S

FRESH FOODS

Reliably Sourced Locally Served

PROVIDING QUALITY PRODUCE AND FRIENDLY SERVICE
TO OUR COMMUNITY SINCE 1954

WEEKLY SPECIALS

PRODUCE

Beefsteak
Tomatoes

\$1.99
lb.

*Red, Ripe,
& Large!*

Pint
Blueberries

\$2.99
pk.

Bunch
Escarole

\$1.79
ea.

Whole
Buttercup Squash

49¢
lb.

Yellow or Orange
Peppers

\$1.79
lb.

Green or Yellow
Squash

\$1.49
lb.

Grape
Tomatoes

\$1.49
pk.



New!

Roch's Own In-Store

SUSHI

Made Fresh Daily!

Large Party Platters Available
with 36 hr. notice

BUTCHER SHOP

Bottom Round
London Broil

\$7.99
lb.

Beef for Stew

\$8.99
lb.

Kayem

Thick Cut Bacon

\$7.99
ea.

All Varieties 12 oz.



Bottom Round Rump
or Swiss Roast

\$7.99
lb.

GROCERY

Kellogg's
Corn Pops

8.8 oz.

Froot Loops

8.9 oz.

Frosted Flakes

12 oz.

2/\$6



Quaker Oats

18 oz.

Mott's
Applesauce

24 oz. 6 Pack

Progresso
Bread Crumbs

Assorted Varieties 15 oz.

\$4.99
ea.

2/\$5

2/\$5

King Arthur
GF Brownie,
Muffin,
or Cake Mix

16-17 oz.

\$4.79
ea.



DAIRY

Hood
Cottage
Cheese

16 oz.

Buitoni
Cheese Tortellini
or Ravioli 20 oz.



\$2.99
ea.

\$5.99
ea.

FROZEN FOODS



McCain's
Fries

14-32 oz.
Assorted Varieties

\$3.99
ea.

BAKERY

Pumpkin
Pie

Crusty
Italian Bread
Triple Chocolate
Cookie



\$15.99
ea.

\$3.99
ea.

\$1.99
ea.

SEAFOOD

Fresh Atlantic

Salmon Fillet

\$13.99
lb.



DELI

German
Bologna

\$4.99
lb.

Cabot VT
Cheddar Cheese

\$9.99
lb.

German
Potato Salad

\$5.99
lb.



PREPARED FOODS

Beef Chili
with Cheese

\$6.99
lb.

BBQ Pulled Pork

\$8.99
lb.

BBQ Ribs

\$11.99
lb.

Steak & Cheese
Eggrolls

\$1.99
ea.

Coconut Shrimp

\$14.99
lb.

ENTRÉES

Meatloaf

\$9.99
lb.

Shepherd's Pie

\$9.99
lb.

Local Market Locations:

Visit us online at
www.rochs.com

West Greenwich

10 ARNOLD FARM ROAD
WEST GREENWICH, RI 02817
401-397-7624

NEW HOURS: MON-SAT: 7AM-7PM; SUN: 7AM-6PM

Narragansett

1183 BOSTON NECK ROAD
NARRAGANSETT, RI 02882
401-284-2900

NEW HOURS: MONDAY-SUNDAY 7AM-7PM

Prices
in Effect
Nov.
5-11