

ROCH'S

FRESH FOODS

Reliably Sourced Locally Served

PROVIDING QUALITY PRODUCE AND FRIENDLY SERVICE
TO OUR COMMUNITY SINCE 1954

WEEKLY SPECIALS

PRODUCE

Seedless California
Navel Oranges

\$1.29
lb.

Large Red
Potatoes

79¢
lb.

4 oz. Little Leaf
Salads

\$2.99
pkg.

3 lb. Bag
Carrots

\$1.49
pkg.

Sweet & Healthy
Honeycrisp Apples

\$1.49
lb.

Iceberg
Lettuce

\$1.99
hd.

Ice Melt Available!

Pet-Friendly Shaker Jugs



**Fruit & Combo
Baskets Available for
Pick Up or Delivery**

Starting at **\$50.00**

Call 401-392-4230

BUTCHER SHOP

*These Won't
Last Long!!*

Fresh Grade "A"
Chicken Tenderloins **\$3.99**
lb.

Sugardale Bacon 16 oz. Pkg.
Regular, Thick, Low Salt **\$6.99**
ea.

Jones Fully Cooked
Breakfast Sausage
Patties & Links **2/\$6**
Pork or Turkey 7 oz. Box

We have a limited quantity of
**Frozen Triple M Spiral and
Semi-Boneless Hams!!**

Limit 2 Per Visit Please

\$1.99
lb.



GROCERY



Assorted Varieties
Quaker
Life Cereal
13 oz.

\$4.99
ea.

Krusteaz
Belgian
Waffle Mix
28 oz.

2/\$5

Log Cabin
Syrup
24 oz.

\$4.99
ea.

Betty Crocker
Cookie Pouch
17.5-17.9 oz.

2/\$5

All Varieties
Pringles
5.5 oz.

\$2.99
ea.



DAIRY

Califia
Oat &
Almond
Milk
48 oz.
Select Varieties



\$3.99
ea.

FROZEN FOODS



Ellio's
Pizza
18.3 oz.
9 Count

\$4.69
ea.

SEAFOOD

Fresh
Salmon Fillets

\$13.99
lb.



PREPARED FOODS



Breaded
Eggplant
\$6.99
lb.

Broccoli and Cheese
Stuffed
Chicken Breast **\$4.99**
ea.

Rice Pilaf **\$5.99**
lb.

ENTRÉES

Cheese Lasagna
Rollups **\$6.99**
lb.

DELI

Virginia
Baked Ham **\$7.99**
lb.

Land O Lakes White
American Cheese **\$6.99**
lb.

Beet and
Onion Salad **\$4.99**
lb.



BAKERY

4-Pack
Bagels **\$4.99**
ea.

Assorted Flavors
Boston Cream
Pie **\$15.99**
ea.

Sugar
Cookie **\$1.99**
ea.



Local Market Locations:

Visit us online at
www.rochs.com

West Greenwich

10 ARNOLD FARM ROAD
WEST GREENWICH, RI 02817
401-397-7624

NEW HOURS: MON-SAT: 7AM-7PM; SUN: 7AM-6PM

Narragansett

1183 BOSTON NECK ROAD
NARRAGANSETT, RI 02882
401-284-2900

NEW HOURS: MONDAY-SUNDAY 7AM-7PM

*Prices
in Effect
Dec.
3-9*