

# ROCH'S FRESH FOODS

## Reliably Sourced Locally Served

PROVIDING QUALITY PRODUCE AND FRIENDLY SERVICE  
TO OUR COMMUNITY SINCE 1954

### WEEKLY SPECIALS

#### PRODUCE

Florida  
Grapefruit

2/\$1



Mangoes

\$1.99  
ea.

Package  
Romaine Hearts

\$2.99  
pk.

Bunch  
Celery

\$1.99  
ea.

Asparagus

\$3.99  
lb.

Ludacrisp  
Apples

*Sweetest!*

\$1.99  
lb.

Sugar Snap or Snow  
Peas

\$3.99  
lb.



#### BUTCHER SHOP

Thin Sliced or Marinated  
Boneless  
Chicken Breasts

\$4.99

lb.



Center Cut Boneless  
Pork Chops  
or Roast

\$3.99

lb.

Sugardale Hickory Smoked  
Bacon 16 oz. Pkg.

\$6.99

ea.

Classic, Thick Cut, or Low Salt

Fresh Grade A  
Boneless & Skinless  
Chicken Breasts

\$3.99

lb.

#### GROCERY



Townhouse  
Flipsides

Original Pretzel Crackers

\$3.99

ea.

Spindrift  
Sparkling Water

8 Pack Assorted Varieties 96 oz.

\$6.99

ea.

Quaker Life  
Vanilla Bone Health  
or Berry Immunity  
Support 13 oz.

\$3.99

ea.

Wishbone  
Salad Dressing

15 oz. All Varieties

2/\$5

Nabisco Belvita  
Breakfast Biscuits

8.8 oz. All Varieties

\$4.99

ea.

Newman's Microwave  
Popcorn

9.6 oz.

2/\$5

Planter's  
Peanuts

16 oz. Assorted Flavors

2/\$6

16 oz. Assorted Flavors

\$4.99

ea.



2/\$4

#### DAIRY

Noosa  
Yoghurt

8 oz. Assorted Flavors

Food Club  
Shredded Cheese

8 oz. Assorted Varieties

Cabot Extra Creamy  
Butter Quarters

8 oz.

\$1.99

ea.



FROZEN FOODS

Outshine Bars

14.7-18 oz.

\$4.99

ea.

Marie Callender's  
Pie

Assorted Varieties 25.6-36 oz.

\$6.99

ea.



#### BAKERY

4 Pack  
Bagels

Assorted  
Flavors

\$4.99

pk.

Lemon or Strawberry  
Cake Square

\$3.99

ea.

Oatmeal Raisin  
Cookie

\$1.99

ea.

#### DELI

Boar's Head Oven Gold  
Turkey Breast

\$13.99

lb.

Havarti  
Cheese

\$11.99

lb.

Bacon Ranch  
Pasta Salad

\$7.29

lb.

Black Bean  
Salad

\$5.99

lb.

#### PREPARED FOODS

Breaded  
Pork  
Cutlets

\$7.69

lb.

Garlic Roasted  
Baby Potatoes

\$6.99

lb.

Eggplant  
Roulettes

\$7.69

lb.

#### ENTRÉE

Spinach and Cheese  
Lasagna Rollups

\$7.29

lb.

#### Local Market Locations:

Visit us online at  
[www.rochs.com](http://www.rochs.com)

#### West Greenwich

10 ARNOLD FARM ROAD  
WEST GREENWICH, RI 02817

401-397-7624

HOURS: MON-SAT: 7AM-7PM; SUN: 7AM-6PM

#### Narragansett

1183 BOSTON NECK ROAD  
NARRAGANSETT, RI 02882

401-284-2900

HOURS: MONDAY-SUNDAY 7AM-7PM

Prices  
in Effect  
Jan. 28 -  
Feb. 3