

# ROCH'S

## FRESH FOODS

# Reliably Sourced Locally Served

PROVIDING QUALITY PRODUCE AND FRIENDLY SERVICE  
TO OUR COMMUNITY SINCE 1954

## WEEKLY SPECIALS

### PRODUCE

Florida  
Grapefruit

Medium Size

2/\$1

Mangoes

\$1<sup>99</sup> ea.

Package  
Romaine Hearts

\$2<sup>99</sup> pk.

Bunch  
Celery

\$1<sup>99</sup> ea.

Asparagus

\$3<sup>99</sup> lb.

Ludacrisp

Apples

Sweetest!

\$1<sup>99</sup> lb.

Sugar Snap or Snow

Peas

\$3<sup>99</sup> lb.



Broccoli Crowns

\$1<sup>99</sup> lb.

Verrier's Local  
Firewood Bag

\$5<sup>99</sup> pk.

### BUTCHER SHOP

Thin Sliced or Marinated  
Boneless  
Chicken Breasts

\$4<sup>99</sup> lb.

Center Cut Boneless  
Pork Chops  
or Roast

\$3<sup>99</sup> lb.

Sugardale Hickory Smoked  
Bacon 16 oz. Pkg.  
Classic, Thick Cut, or Low Salt

\$6<sup>99</sup> ea.

Fresh Grade A  
Boneless & Skinless

Chicken  
Breasts

\$3<sup>99</sup> lb.



### GROCERY



Townhouse  
FlipSides

Original Pretzel Crackers

\$3<sup>99</sup> ea.

Spindrift  
Sparkling Water

\$6<sup>99</sup> ea.

8 Pack Assorted Varieties 96 oz.

Quaker Life  
Vanilla Bone Health  
or Berry Immunity  
Support 13 oz.

\$3<sup>99</sup> ea.

Wishbone  
Salad Dressing

2/\$5

15 oz. All Varieties

Nabisco Belvita  
Breakfast Biscuits

\$4<sup>99</sup> ea.

8.8 oz. All Varieties

Newman's Microwave  
Popcorn

2/\$5

Planter's  
Peanuts

16 oz. Assorted Flavors

2/\$6



### DAIRY



Noosa  
Yoghurt

8 oz. Assorted Flavors

2/\$4

Food Club  
Shredded Cheese

8 oz. Assorted Varieties

\$1<sup>99</sup> ea.

Cabot Extra Creamy  
Butter Quarters 8 oz.

\$2<sup>79</sup> ea.

### FROZEN FOODS

Outshine Bars

14.7-18 oz.

\$4<sup>99</sup> ea.



Marie Callender's  
Pie

Assorted Varieties 25.6-36 oz.

\$6<sup>99</sup> ea.

### SEAFOOD



Raw Shrimp

16-20 ct. Frozen 2 lb. Bag

\$15<sup>99</sup> ea.

### DELI

Boar's Head Oven Gold  
Turkey Breast

\$13<sup>99</sup> lb.

Havarti  
Cheese

\$11<sup>99</sup> lb.

Bacon Ranch  
Pasta Salad

\$7<sup>29</sup> lb.

Black Bean  
Salad

\$5<sup>99</sup> lb.

### PREPARED FOODS

Breaded  
Pork  
Cutlets

\$7<sup>69</sup> lb.

Garlic Roasted  
Baby Potatoes

\$6<sup>99</sup> lb.

Eggplant  
Roulettes

\$7<sup>69</sup> lb.

### ENTRÉE

Spinach and Cheese  
Lasagna Rollups

\$7<sup>29</sup> lb.

## Local Market Locations:

Visit us online at  
[www.rochs.com](http://www.rochs.com)

### West Greenwich

10 ARNOLD FARM ROAD  
WEST GREENWICH, RI 02817  
401-397-7624

HOURS: MON-SAT: 7AM-7PM; SUN: 7AM-6PM

### Narragansett

1183 BOSTON NECK ROAD  
NARRAGANSETT, RI 02882  
401-284-2900

HOURS: MONDAY-SUNDAY 7AM-7PM

Prices  
in Effect  
Jan. 28 -  
Feb. 3