

# ROCH'S

## FRESH FOODS

## Reliably Sourced Locally Served

PROVIDING QUALITY PRODUCE AND FRIENDLY SERVICE  
TO OUR COMMUNITY SINCE 1954

### WEEKLY SPECIALS

#### PRODUCE

Red or Green  
Seedless Grapes

**\$2.79** lb.

Asparagus

Green  
and  
Healthy!

**\$3.99** lb.

Baby  
Arugula

**\$7.99** lb.

Red  
Peppers

Sweet  
and  
Nutritious!

**\$1.39** lb.

Large Idaho

Baking Potatoes

**89¢** lb.

Rhode Island

Mushrooms

Whole  
or  
Sliced

**\$1.99** pk.

Cosmic Crisp or Ludacrisp

Sweet Apples

**\$1.99** lb.

Baby Peeled  
Carrots

1 lb.  
Bag

WASHED  
AND READY  
TO EAT

**\$1.49** pk.

Celery Bunch

**\$1.99** bunch

Great  
for  
Snacking!

Super Sweet  
Clementines

**\$4.99** 3 lb. Bag

#### BUTCHER SHOP

Fresh Grade A  
Boneless & Skinless  
Chicken Thighs

**\$2.99** lb.

USDA Inspected  
Pork FRESH  
Baby Back Ribs

**\$4.49** lb.

*A New England Favorite!*

Kayem Bacon 12 oz. Pkg

**\$6.99** ea.

Double Smoked, Applewood & Maplewood

For a  
SUPER  
Bowl of  
Chili!

Coarse  
Ground  
Beef

**\$6.99** lb.



#### GROCERY

Nabisco  
Ritz Crackers

13.7 oz.

**2/\$6**



Nabisco  
Triscuits

8.5 oz. All Varieties

**2/\$6**

Post  
Honey Bunches  
of Oats 11-12 oz.

**\$3.00** a.

Newman's Salsa  
16 oz. All Varieties

**2/\$6**

El Paso  
Taco Kits 8.8-14 oz.

**\$3.99** ea.

El Paso  
Squeeze Taco/  
Queso Sauce 9 oz.

**\$2.99** ea.

Ken's  
Salad Dressing  
16 oz. All Varieties

**2/\$6**

Vlasic Pickles  
16-24 oz. Assorted Varieties

**2/\$5**

Cholula Sauces  
Carne Asada, Birria,  
Cremosa Cilantro Lime 12 oz.

**\$2.99** ea.

#### DAIRY

Pillsbury  
Crescent Rolls

8 oz.

**2/\$6**

Cabot Shredded Cheese  
or Cheese Bars

8 oz. Pkg. All Varieties

**2/\$5**

Chobani Yogurt

5.3 oz.

**4/\$5**



#### FROZEN FOODS

Ben & Jerry's

16 oz.  
All Varieties

**\$4.99** ea.



#### SEAFOOD

Cooked Shrimp  
31-40 ct. Frozen 2 lb. Bag

**\$15.99** ea.



#### DELI

Hard Salami

**\$8.69** lb.

Hot  
Capicola

**\$8.69** lb.

Boar's Head

Sharp Provolone

**\$8.29** lb.

Italian Grinder  
Pasta Salad

**\$7.99** lb.



#### PREPARED FOODS

Italian  
Meatballs

**\$8.99** lb.

Roch's Own  
Sausage  
& Peppers

**\$7.99** lb.

Bourbon  
Pork Wings

**\$8.99** lb.

#### ENTRÉE

White Cheddar  
Mac and Cheese

**\$7.29** lb.

#### BAKERY

Full  
Parisian Loaf

GREAT FOR  
DIPS!

**\$3.49** ea.

Roch's Own  
Cupcakes 6 pack

**\$5.99** pk.

Large  
Sugar Cookie

**\$1.99** ea.



## Local Market Locations:

Visit us online at  
[www.rochs.com](http://www.rochs.com)

#### West Greenwich

10 ARNOLD FARM ROAD  
WEST GREENWICH, RI 02817  
401-397-7624

HOURS: MON-SAT: 7AM-7PM; SUN: 7AM-6PM

#### Narragansett

1183 BOSTON NECK ROAD  
NARRAGANSETT, RI 02882  
401-284-2900

HOURS: MONDAY-SUNDAY 7AM-7PM

Prices  
in Effect  
February  
4-10