ROCH'S FRESH FOODS

Reliably Sourced Locally Served

PROVIDING QUALITY PRODUCE AND FRIENDLY SERVICE TO OUR COMMUNITY SINCE 1954

WEEKLY SPECIALS

PRODUCE

Jumbo **Cantaloupes** $2.99 ea.

Sweet and Delicious **Red Peppers** $1.99 lb.

Red **Onions** 99¢ lb.

Hass **Avocados** 99¢ ea.

Green/Red or Savoy **Cabbage** 99¢ lb.

Large **Lemons** 89¢ ea.

Cucumbers 99¢ ea.

Sweet Potatoes 99¢ lb.

Granny Smith **Apples** $1.49 lb.

D.E. Vine Honey Balsamic **Salad Dressing** 12 oz. $4.99 ea.

BUTCHER SHOP

Fresh Ground **Pork** $3.99 lb.

Panko Seasoned Thin **Chicken Cutlets** Assorted Flavors $5.99 lb.

Kayem **Polska Kielbasa** 14 oz. Pkg. $5.99 ea.

Fresh **Pork Sirloin Cutlets** $2.99 lb.

SEAFOOD

Sea Best **Bay Scallops** Frozen 1 lb. Bag $8.99 ea.

DELI

Black Forest **Ham** $11.99 lb.

Black Forest **Turkey** $13.99 lb.

Smoked **Gouda** $7.99 lb.

Roch's **Pulled Chicken Salad** $11.99 lb.

PREPARED FOODS

Balsamic **Grilled Eggplant** $7.99 lb.

Stuffed **Chicken Breast** w/Broccoli and Cheese $10.99 lb.

Garlic **Smash Potatoes** $6.99 lb.

Sautéed Summer and Zucchini Squash $6.99 lb.

ENTRÉE

Chicken Marsala w/Egg Noodles $8.99 lb.

GROCERY

Barilla **Pasta** 16 oz. Pkg. 2/$3

Bumble Bee **Tuna** 5 oz. 3/$4

Kellogg's **Frosted Flakes & Froot Loops** 8.9–12 oz. $3.99 ea.

Jiffy **Corn Muffin Mix** 8.8 oz. 89¢ ea.

Near East **Rice Pilaf** 5.7–6.75 oz. 2/$3

Kikkoman **Soy or Teriyaki Sauce** 10 oz. $2.99 ea.

Ah-So **Chinese BBQ or Duck Sauce** 10–11 oz. $2.99 ea.

Dumpling Daughter **Soy Sauce** 8 oz. $5.99 ea.

DAIRY

Califia **Almond Milk Creamer** 25.4 oz. $4.99 ea.

Califia **Almond, Coconut, or Oat Milk** 48 oz. $5.99 ea.

Cabot **Cracker Cuts** 7 oz. Pkg. 2/$7

Philadelphia **Cream Cheese Bar** 8 oz. Pkg. 2/$6

FROZEN FOODS

Mrs. T's **Pierogis** 16 oz. $2.99 ea.

Dumpling Daughter **Frozen Dumplings** 9.5–9.75 oz. $5.99 ea.

McCain's **Onion Rings & Fries** 14–26 oz. $3.99 ea.

BAKERY

Half **Parisian Loaf** $1.99 ea.

Raspberry White Chocolate Cake $15.99 ea.

Banana Chocolate Chip or Banana Walnut Loaf Bread $6.99 ea.

Local Market Locations:

Visit us online at **www.rochs.com**

West Greenwich

10 ARNOLD FARM ROAD
WEST GREENWICH, RI 02817
401-397-7624
HOURS: MON–SAT: 7AM–7PM; SUN: 7AM–6PM

Narragansett

1183 BOSTON NECK ROAD
NARRAGANSETT, RI 02882
401-284-2900
HOURS: MONDAY–SUNDAY 7AM–7PM

Prices in Effect February 18–24

We reserve the right to limit quantities & correct typographical errors. Illustrations are for design purposes only. Items are while supplies last and no rain checks. Due to current market conditions, item retails may change, and products may become unavailable unexpectedly.