

ROCH'S

FRESH FOODS

Reliably Sourced Locally Served

PROVIDING QUALITY PRODUCE AND FRIENDLY SERVICE TO OUR COMMUNITY SINCE 1954

Supporting Local Businesses

- Enjoy over 30 Flavors from Warwick Ice Cream •
- Dairy & Milk Products from Wrights Dairy Farm •

Fresh Sandwiches Made Daily
Fresh Fish & Chips Every Friday

AT OUR WEST GREENWICH LOCATION ONLY

PRODUCE

Narragansett Blend

Fruit Salad **\$4.99** lb.

Roch's Own Cut

Mix of fresh cut melon, pineapples, watermelon and red grapes

Cosmic Crisp or Honeycrisp

Apples **\$1.99** lb.

Sweet and Excellent!

Baby Spinach **\$5.99** lb.

Healthy and Loaded with Nutrients!

Lemons **89¢** ea.

Large Size

Enhance any Drink or Meal!

DELI

Cooper Cheese **\$6.99** lb.



Triple M Roast Beef **\$12.99** lb.

Wunderbar Bologna **\$3.99** lb.

Tri-colored Pasta Salad **\$6.99** lb.

BUTCHER SHOP

Boneless Pork Chops



Boneless Country Ribs **\$2.99** lb.

Chicken Wings **\$2.99** lb.

Hatfield Bacon **\$5.99** ea.

16 oz. Pkg.



BAKERY

Cowboy Cookie **\$1.99** ea.



4-Pack Bagels **\$4.99** pk.

Assorted Flavors

Sourdough Boule **\$5.49** ea.

PREPARED FOODS

Bourbon Pork Chops w/Peaches **\$7.99** lb.

Seasme Salmon **\$16.99** lb.

Red Beans & Rice **\$5.99** lb.

ENTRÉE

White Cheddar Mac & Cheese **\$8.99** lb.

with Breaded Chicken & Broccoli

SEAFOOD

Tony's Seafood Salmon Burgers **\$4.99** ea.

Frozen 6 oz. each



• Now on Board at Roch's Fresh Foods: Mike Gionti, previous Director of Prepared Foods & Catering of Tom's Market •

Local Market
Locations:

West Greenwich

10 ARNOLD FARM ROAD
401-397-7624

HOURS: MON-SAT: 7AM-7PM; SUN: 7AM-6PM

Narragansett

1183 BOSTON NECK ROAD
401-284-2900

HOURS: MONDAY-SUNDAY 7AM-7PM

Visit us online at
www.rochs.com

Prices in effect April 8-14