

ROCH'S

FRESH FOODS

Reliably Sourced Locally Served

PROVIDING QUALITY PRODUCE AND FRIENDLY SERVICE TO OUR COMMUNITY SINCE 1954

Supporting Local Businesses

- Enjoy over 30 Flavors from Warwick Ice Cream •
- Dairy & Milk Products from Wrights Dairy Farm •

Fresh Sandwiches Made Daily Fresh Fish & Chips Every Friday

AT OUR WEST GREENWICH LOCATION ONLY

PRODUCE

PEAK OF THE SEASON!

Large California
Seedless
Oranges **99¢** lb.

California Grown
Brussels Sprouts **\$1.99** lb.

Iceberg Lettuce **\$1.79** hd.

Green Onions
Scallions **98¢** ea.

Red Onions **89¢** lb.

Green or Yellow
Squash **\$1.49** lb.

Large
Lemons **79¢** ea.

DELI

Harvest
Turkey **\$12.99** lb.

Krakus
Imported Ham **\$6.99** lb.

Land O Lakes
American Cheese **\$5.49** lb.

Cajun
Seafood Salad **\$7.99** lb.



PREPARED FOODS

Pork
Schnitzel **\$7.99** lb.

Sole Francaise **\$12.99** lb.

Au Gratin
Potatoes **\$7.99** lb.

Grilled
Vegetables **\$5.99** lb.

ENTRÉE

Teriyaki
Grilled Chicken **\$8.99** lb.
over Toasted Sesame Kale Salad

BUTCHER SHOP

GREAT FOR TACOS OR CHILI!



Coarse
Ground
Beef **\$6.99** lb.
90% Lean

Thin Sliced
Chicken for Stir Fry **\$5.99** lb.

Thin Sliced
Beef for Stir Fry **\$8.99** lb.

Hatfield Boneless
Ham Steak 8 oz. Pkg. **\$2.99** ea.
Classic, Honey or Maple

BAKERY

Roasted Garlic
Ciabatta Loaf **\$4.49** ea.

Snickerdoodle
Cookie **\$1.99** ea.

Vanilla
Buttercream Cake **\$15.99** ea.



SEAFOOD

Tony's Seafood *Locally Made!*
Salmon Burgers **\$4.99** ea.
Frozen 6 oz. each



• Now on Board at Roch's Fresh Foods: Mike Gionti, previous Director of Prepared Foods & Catering of Tom's Market •

Local Market Locations:

West Greenwich

10 ARNOLD FARM ROAD
401-397-7624

HOURS: MON-SAT: 7AM-7PM; SUN: 7AM-6PM

Narragansett

1183 BOSTON NECK ROAD
401-284-2900

HOURS: MONDAY-SUNDAY 7AM-7PM

Visit us online at
www.rochs.com

Prices in effect April 15-21