

ROCH'S

FRESH FOODS

Reliably Sourced
Locally Served

PROVIDING QUALITY PRODUCE AND FRIENDLY SERVICE TO OUR COMMUNITY SINCE 1954

Supporting Local Businesses

- Enjoy over 30 Flavors from Warwick Ice Cream •
- Dairy & Milk Products from Wrights Dairy Farm •

Fresh Sandwiches Made Daily
Fresh Fish & Chips Every Friday

AT OUR WEST GREENWICH LOCATION ONLY

PRODUCE

Large Honeycrisp Apples **\$1.99** lb.

Long Green Wrapped Seedless Cucumbers **99¢** ea.

Jumbo Honeydews **\$4.99** ea.

Large Size Kiwi Fruit **99¢** ea.

Cut Red Ripe Watermelon **\$3.99** lb. *Ready to Eat!*

Hass Avocados **2/\$3**

Fresh Red California Cherries lb. **\$4.99** lb.

Red Cluster Tomatoes **\$2.99** lb. *On the Vine!*

BUTCHER SHOP **\$3.49**

Fresh Pork Baby Back Ribs **\$4.49** lb. Fresh Chicken Tenderloins **\$3.49** lb.

New York Strip Steak **\$18.99** lb. Kayem Natural Casing Franks 2.5 lb. Box **\$14.99** ea.

Come check out our full selection of USDA Choice Beef, Grade A Poultry and Fresh Pork. All cut fresh In-Store. Always accepting special orders for Holidays, Special Occasions & Summer Cookouts!

DELI

Krakus Imported Ham **\$7.99** lb. 

Land O Lakes Swiss Cheese **\$7.99** lb.

Rainbow Twist Pasta Salad **\$6.99** lb.

BAKERY

Garlic Ciabatta Loaf **\$4.49** ea. 

S'mores Cookie **\$1.99** ea. *Baked Fresh Daily!*

Lemon or Blueberry Loaf Bread **\$6.99** ea.

PREPARED FOODS

Stuffed Traditional Chicken Breast **\$7.99** ea.

Bone-in Grilled Pork Chop with Vinegar Peppers **\$8.99** lb.

Sweet Potato Wedges **\$5.99** lb.

Roasted Zucchini & Summer Squash **\$5.99** lb.

ENTRÉE

Roch's Own Stuffed Peppers **\$8.99** lb.

SEAFOOD

Ready to Marinate and Grill! Shrimp Skewers **\$11.99** lb. 
Raw 16-20 ct.

• Now on Board at Roch's Fresh Foods: Mike Gionti, previous Director of Prepared Foods & Catering of Tom's Market •

Local Market Locations:

West Greenwich

10 ARNOLD FARM ROAD
401-397-7624

HOURS: MON-SAT: 7AM-7PM; SUN: 7AM-6PM

Narragansett

1183 BOSTON NECK ROAD
401-284-2900

HOURS: MONDAY-SUNDAY 7AM-7PM

Visit us online at
www.rochs.com

Prices in effect May 13-19