

# ROCH'S

## FRESH FOODS

Happy  
4<sup>TH</sup> OF JULY  
INDEPENDENCE DAY



Warwick Ice Cream  
**2 NEW FLAVORS!**

Purple Haze &  
Milky Way Galaxy  
1/2 Gallons

### GROCERY

*S'mores Season!*

Jet Puffed  
Marshmallows **2/\$4**  
12 oz.

Hershey's  
Milk Chocolate  
Bars 6 Pack 9.3 oz. **\$7<sup>99</sup>** ea.

Nabisco  
Graham Crackers **\$3<sup>99</sup>** ea.  
14.4 oz.

Spindrift  
Sparkling Water **\$6<sup>99</sup>** ea.  
8 Pk 96 oz. Assorted Flavors

Stubb's  
Beef, Pork, or Chicken  
Marinade **\$3<sup>99</sup>** ea.  
12 oz.

Heinz Ketchup  
Easy Squeeze **\$3<sup>99</sup>** ea.  
20 oz.

French's  
Yellow Mustard **\$2<sup>99</sup>** ea.  
Squeeze 20 oz.

### PRODUCE

Tomatoes **\$1<sup>49</sup>** lb.  
Hot House and  
On the Vine

Foss  
Pasta **\$9<sup>99</sup>** ea.  
Sauce **Only 4 Ingredients!**  
*Locally Made*

Medley Assorted Colors  
Grape Tomatoes **\$1<sup>99</sup>** pk.

Red Cherries lb. **\$3<sup>99</sup>** lb.  
from Washington State

Green and Yellow  
Squash **99¢** lb.

Southern Grown  
Peaches **\$1<sup>99</sup>** lb.  
*Sweet & Juicy!*

### DELI

Roch's  
Harvest Turkey **\$12<sup>99</sup>** lb.

Krakus  
Imported Ham **\$7<sup>99</sup>** lb.

Land O Lakes  
American Cheese **\$5<sup>49</sup>** lb.

BAKERY  
Large  
Parisian Loaf **\$3<sup>99</sup>** ea.

Red, White, & Blue  
Sugar Cookie **\$1<sup>99</sup>** ea.

Raspberry  
Cake Roll **\$6<sup>99</sup>** ea.

### PREPARED FOODS

BBQ  
Pulled Pork **\$8<sup>99</sup>** lb.

Assorted  
Chicken Wings **\$7<sup>99</sup>** lb.

BBQ  
Pork Ribs **\$9<sup>99</sup>** lb.

Tomato  
Mozzarella Salad **\$8<sup>99</sup>** lb.

Broccoli Salad **\$8<sup>99</sup>** lb.

**ENTRÉE**  
Meat Lasagna **\$8<sup>99</sup>** lb.

### BUTCHER SHOP

Marinated  
Chicken **\$7<sup>99</sup>** ea.  
Skewers **NEW!!**  
16 oz. Pkg.  
*4 Flavors to Choose From!!*

Boneless & Skinless  
Chicken Thighs **\$2<sup>99</sup>** lb.

USDA Choice  
Petite  
Sirloin Steaks **\$10<sup>99</sup>** lb.

**GREAT ON THE GRILL!!**

• Now on Board at Roch's Fresh Foods: Mike Gionti, previous Director of Prepared Foods & Catering of Tom's Market •

Local Market  
Locations:

#### West Greenwich

10 ARNOLD FARM ROAD  
401-397-7624

HOURS: MON-SAT: 7AM-8PM; SUN: 7AM-7PM

#### Narragansett

1183 BOSTON NECK ROAD  
401-284-2900

HOURS: MON-SAT: 7AM-8PM; SUN: 7AM-7PM

Visit us online at  
[www.rochs.com](http://www.rochs.com)

Prices in effect July 1-7