

ROCH'S

FRESH FOODS

Reliably Sourced
Locally Served

PROVIDING QUALITY PRODUCE AND FRIENDLY SERVICE TO OUR COMMUNITY SINCE 1954

Supporting Local Businesses

- Enjoy over 30 Flavors from Warwick Ice Cream •
- Dairy & Milk Products from Wrights Dairy Farm •

Fresh Sandwiches Made Daily
Fresh Fish & Chips Every Friday

AT OUR WEST GREENWICH LOCATION ONLY

GROCERY

Dole
Pineapple
Juice 46 oz. **\$3.99** ea.



Ben's
Ready Rice **2/\$5**
8.8 oz.

Nabisco
Triscuits **2/\$7**
8.5 oz.

Poland Spring
Water 24 pk. **\$4.99** ea.
16.9 oz.

Stubb's
BBQ Sauce **\$3.99** ea.
18 oz. Assorted Flavors

PRODUCE

Strawberries **2/\$5**

Red Potatoes **79¢** lb. Large Size

Blueberries **\$2.99** ea.
11 oz. Container

Sweetest Patch
Raspberries Pkg. **\$3.99** ea.

Watermelon
Seedless Whole Large **\$8.99** ea.

California
Nectarines **\$1.79** lb.

Red Onions **89¢** lb.

DELI

Citterio
Rosemary Ham **\$8.99** lb.

Boar's Head
Vermont Cheddar **\$7.99** lb.

Hans Kisse Cheese
Tortellini Salad **\$7.99** lb.

Ithaca
Hummus **\$4.99** ea.
10 oz. All Varieties

PREPARED FOODS

Chicken
Cacciatore **\$8.99** lb.

Sliced Steak
with Chimichurri Sauce **\$10.99** lb.

Roch's Own
Caçoilã **\$8.99** lb.

Butternut Squash
with Apple **\$6.99** lb.

BUTCHER SHOP

Kayem All Meat 2.5 lb. Box **\$12.99** ea.

Natural Casing Franks **\$3.99** ea.

Simply Potatoes 20 oz. Pkg. **\$6.99** ea.

Shredded or Diced Potatoes **\$6.99** ea.

Hatfield 16 oz. Pkg. **\$6.99** ea.

Boneless
Country Style **\$2.99** lb.

Pork Ribs **\$2.99** lb.

OR
Seasoned
Country Ribs **\$3.99** lb.

BAKERY

Italian
Bread **\$3.99** ea.

Tuxedo
Cake Bar 17.64 oz. **\$15.99** ea.

S'mores Cookie **\$1.99** ea.

ENTRÉE

Chicken Parmesan **\$8.99** lb.
with Pasta

SEAFOOD Locally Made!

Tony's Seafood **\$3.99** ea.
Frozen 6 oz. Patty

• Now on Board at Roch's Fresh Foods: Mike Gionti, previous Director of Prepared Foods & Catering of Tom's Market •

Local Market
Locations:

West Greenwich

10 ARNOLD FARM ROAD
401-397-7624

HOURS: MON-SAT: 7AM-8PM; SUN: 7AM-7PM

Narragansett

1183 BOSTON NECK ROAD
401-284-2900

HOURS: MON-SAT: 7AM-8PM; SUN: 7AM-7PM

Visit us online at
www.rochs.com

Prices in effect July 8-14