

ROCH'S

FRESH FOODS

Reliably Sourced
Locally Served

PROVIDING QUALITY PRODUCE AND FRIENDLY
SERVICE TO OUR COMMUNITY SINCE 1954

Supporting Local Businesses

- Enjoy over 30 Flavors from Warwick Ice Cream •
- Dairy & Milk Products from Wrights Dairy Farm •

Fresh Sandwiches Made Daily
Fresh Fish & Chips Every Friday

AT OUR WEST GREENWICH LOCATION ONLY

GROCERY



Kraft 725 oz.
Mac & Cheese

3/\$5

D.E. Vine Foods
Honey Balsamic
Dressing 12 oz.

\$4.99 ea.

McCormick
Grill Mates
Seasoning 2.75-3.4 oz.

\$2.99 ea.

Drum Rock
Fis-Chic Batter or
Fritter & Clam Cake Mix
1 lb. Bag

\$2.99 ea.

Kellogg's
Town House Flipside
or Pita Crackers 9.2-9.5 oz.

\$4.79 ea.



**Nantucket Potato Crisps
NOW AVAILABLE!**

PRODUCE

Green or Yellow
Squash

99¢ lb.

Hass Avocados

\$1.50 ea.

Nectarines
From California

\$1.99 lb.

Orange, Yellow, or Red
Peppers

\$1.99 lb.

Plums *Assorted
Varieties*
From California

\$1.99 lb.

Limes

3/99¢

Large
Lemons

89¢ ea.

Mini Packaged
Cukes

\$1.99 pk.

Fresh Express
Cole Slaw 14 oz. Bag

\$1.99 ea.

DELI



Boar's Head
Honey
Maple Ham

\$10.99 lb.

Boar's Head
Baby Swiss Cheese

\$9.99 lb.

Cajun
Seafood Salad

\$8.99 lb.

PREPARED FOODS

Chinese
Rib Ends

\$8.99 lb.

Sweet and Sour
Kielbasa

\$6.99 lb.

Vegetable
Eggrolls

\$1.89 ea.

Vegetable
Fried Rice

\$5.99 lb.

ENTRÉE

General Tso's Chicken
w/Vegetable Fried Rice

\$8.99 lb.

BUTCHER SHOP



Saugy Classic
Franks

\$7.99 lb.

Marinated
Chicken
Breast

\$5.99 lb.

Bourbon
Turkey Tips

\$14.99 lb.

BAKERY



Multigrain
Sourdough
Baguette

\$3.99 ea.

Coconut Whipped
Cake 7 inch

\$16.99 ea.

Salted Caramel
Cookie

\$1.99 ea.

SEAFOOD

Capt'n's Pack IQF Peeled
& Deveined Tail-on

\$19.99 ea.

Raw Shrimp 13/15 ct.
2 lb. Bag

Fox Smoked Fish
New England's Finest

Smoked
Bluefish **\$16.99** lb.

• Now on Board at Roch's Fresh Foods: Mike Gionti, previous Director of Prepared Foods & Catering of Tom's Market •

Local Market Locations:

West Greenwich

10 ARNOLD FARM ROAD
401-397-7624

HOURS: MON-SAT: 7AM-8PM; SUN: 7AM-7PM

Narragansett

1183 BOSTON NECK ROAD
401-284-2900

HOURS: MON-SAT: 7AM-8PM; SUN: 7AM-7PM

Visit us online at
www.rochs.com

Prices in effect July 22-28

We reserve the right to limit quantities & correct typographical errors. Illustrations are for design purposes only. Items are while supplies last and no rain checks. Due to current market conditions, item retails may change, and products may become unavailable unexpectedly.