

ROCH'S

FRESH FOODS

Supporting Local Businesses

- Enjoy over 30 Flavors from Warwick Ice Cream •
- Dairy & Milk Products from Wrights Dairy Farm •

Fresh Sandwiches Made Daily
Fresh Fish & Chips Every Friday

AT OUR WEST GREENWICH LOCATION ONLY

NOW CARRYING

**Sweet Sense Gluten Free Mini Cakes,
 Whoopie Pies, & Magic Cookie Bars**



**Located in our Grab & Go
 Dessert refrigerator**



**Sclafani 10.5 oz.
 Clam Sauce**

\$3.99
 ea.

**Sclafani
 Clam Juice**
 8 oz.

\$3.99
 ea.

**Sclafani
 Spaghetti, Capellini,
 Fettuccine 1 lb. Pkg.**

\$1.99
 ea.

**Sclafani
 Spaghetti Sauce**
 16 oz.

\$4.99
 ea.

**Snow's
 Minced Clams**
 6.5 oz.

\$2.99
 ea.

Nantucket Crisps Chips



**BUY 1
 GET 1 FREE**

PRODUCE

Pluots

*Cross between a plum
 and an apricot!*

\$1.99
 lb.

**Green or Red California
 Grapes**

Seedless

\$2.99
 lb.

**Long Green Wrapped
 Cucumbers**

Seedless

\$99¢
 ea.

**Fresh
 Blueberries Pint**

Fresh, Cut and Ready to Eat!

Fruit Medley

"Bonnet
 Shores"

2/\$5

\$3.99
 lb.

Packaged 1 lb.

Baby Spinach

\$4.99
 lb.

Romaine Hearts

\$2.99
 pk.

**Local
 Corn 1/2 Dozen Bag**

\$3.99
 pk.

DELI

**Boar's Head
 Everroast
 Chicken**



\$12.99
 lb.

**Boar's Head
 Mozzarella Cheese**

\$7.99
 lb.

**Chef's
 Potato & Egg Salad**

\$5.99
 lb.

PREPARED FOODS

**Grilled
 Pork Chops**

\$7.99
 lb.

**Breaded
 Chicken Tenders**

\$7.99
 lb.

**Pesto Parm
 Summer Squash**

\$6.99
 lb.

**Potstickers
 Assorted Flavors**

\$8.99
 lb.

BUTCHER SHOP

**Marinated
 Chicken
 Skewers**

\$7.99
 ea.
 16 oz. Pkg.



**4 Flavors to
 Choose From!**

**USDA Choice
 Petite Sirloin
 Steaks**

GREAT on the GRILL!

\$12.99
 lb.

Al Fresco 11 oz.

Chicken Sausage

\$4.99
 ea.

BAKERY

**Portuguese
 Boule**

\$5.99
 ea.

**Chocolate
 Brownie Bash
 Cake**

\$15.99
 ea.

**Chocolate Chunk
 Cookie**

\$1.99
 ea.

ENTRÉE

**BBQ Pulled Pork
 Mac & Cheese**

\$8.99
 lb.

SEAFOOD

Frozen 8 oz.

Tuna Steaks

\$11.99
 lb.

• Now on Board at Roch's Fresh Foods: Mike Gionti, previous Director of Prepared Foods & Catering of Tom's Market •

**Local Market
 Locations:**

West Greenwich

10 ARNOLD FARM ROAD
 401-397-7624

HOURS: MON-SAT: 7AM-8PM; SUN: 7AM-7PM

Narragansett

1183 BOSTON NECK ROAD
 401-284-2900

HOURS: MON-SAT: 7AM-8PM; SUN: 7AM-7PM

Visit us online at
www.rochs.com

Prices in effect July 29-August 4

We reserve the right to limit quantities & correct typographical errors. Illustrations are for design purposes only. Items are while supplies last and no rain checks. Due to current market conditions, item retails may change, and products may become unavailable unexpectedly.