

ROCH'S

FRESH FOODS

Reliably Sourced
Locally Served

PROVIDING QUALITY PRODUCE AND FRIENDLY
SERVICE TO OUR COMMUNITY SINCE 1954

Supporting Local Businesses

- Enjoy over 30 Flavors from Warwick Ice Cream •
- Dairy & Milk Products from Wrights Dairy Farm •

Fresh Sandwiches Made Daily
Fresh Fish & Chips Every Friday

AT OUR WEST GREENWICH LOCATION ONLY

GROCERY



Poland Spring
Water Gallons
\$1.99
ea.

Minute Rice
14 oz.

Del Monte
Canned
Vegetables
14.5-16 oz.

2/\$6

2/\$4

Dole
Pineapple Slices
8 oz.

Bumble Bee Solid
White Tuna
in Water 5 oz.

4/\$5

4/\$5



Brianna's
Salad Dressing
12 oz. **\$4.49**
ea.

PRODUCE

Seedless
Watermelons
Med. Size **\$5.99**
ea.

California Grown
Nectarines **\$1.99**
lb.
Jumbo Size
Cantaloupes **\$3.99**
ea.

1 lb. Clamshell
Strawberries **\$1.99**
ea.

Green
Bartlett Pears **\$1.79**
lb.

Broccoli Crowns **\$1.99**
lb.

Jumbo Size
Green Peppers **\$1.99**
lb.

Wrapped Seedless
Cucumbers **\$1.49**
ea.

DELI

New England
Virginia Baked
Ham **\$8.99**
lb.

Mild
Provolone Cheese **\$6.99**
lb.

Tri-Color
Cheese Tortellini **\$8.99**
lb.

BAKERY

Rosemary
Focaccia Bread **\$5.99**
4 Pack ea.

Strawberry
Bar Cake **\$15.99**
ea.

White Chocolate
Macadamia Nut
Cookie **\$1.99**
ea.

PREPARED FOODS

Chicken
Saltimbocca **\$10.99**
lb.

Stuffed
Peppers **\$8.99**
lb.

Scalloped
Potatoes **\$6.99**
lb.

Broccoli Rabe
w/Garlic, Roasted Red Peppers
and Black Olives **\$6.99**
lb.

ENTRÉE

Lasagna Rollups **\$8.99**
w/Chicken Parmesan lb.

SEAFOOD

Cooked Cocktail
Shrimp **\$12.99**
lb.
Steamed in store!

BUTCHER SHOP

Boneless
Country-Style
Pork Ribs **\$2.99**
lb.
or
Seasoned
Country Ribs **\$3.49**
lb.

Boneless
Chicken
Thighs **\$2.69**
lb.

Sugardale
Bacon 16 oz. Pkg. **\$5.99**
ea.

• Now on Board at Roch's Fresh Foods: Mike Gionti, previous Director of Prepared Foods & Catering of Tom's Market •

**Local Market
Locations:**

West Greenwich

10 ARNOLD FARM ROAD
401-397-7624

HOURS: MON-SAT: 7AM-8PM; SUN: 7AM-7PM

Narragansett

1183 BOSTON NECK ROAD
401-284-2900

HOURS: MON-SAT: 7AM-8PM; SUN: 7AM-7PM

Visit us online at
www.rochs.com

Prices in effect August 5-11

We reserve the right to limit quantities & correct typographical errors. Illustrations are for design purposes only. Items are while supplies last and no rain checks. Due to current market conditions, item retails may change, and products may become unavailable unexpectedly.