

ROCH'S

FRESH FOODS

Reliably Sourced
Locally Served

PROVIDING QUALITY PRODUCE AND FRIENDLY
SERVICE TO OUR COMMUNITY SINCE 1954

Supporting Local Businesses

- Enjoy over 30 Flavors from Warwick Ice Cream •
- Dairy & Milk Products from Wrights Dairy Farm •

Fresh Sandwiches Made Daily
Fresh Fish & Chips Every Friday

AT OUR WEST GREENWICH LOCATION ONLY

GROCERY



Poland Spring
Sparkling Water
8 Pack - 135.2 oz.

\$3.99
ea.

Near East
Rice
5.25-10 oz.

2/\$4

Snack Pack
Pudding
13 oz.

3/\$5

Newman's Own
Salad Dressing
16 oz. All Varieties

\$3.99
ea.

Hunt's Diced
Tomatoes
14.5 oz.

2/\$5

Nabisco
Belvita
Bars

\$3.99
ea.



5-8.81 oz.

PRODUCE

**LOCALLY
GROWN!**

Butter
and Sugar

Corn

50¢
ear

Red Ripe
Tomatoes
Green
Peppers

**X-Large
Size!**

\$1.99
lb.

\$1.79
lb.

Broccoli Crowns

\$1.99
lb.

Red or Green
Grapes

\$2.49
lb.

White
Cauliflower Head

\$2.99
ea.

BUTCHER SHOP

Boneless
& Skinless
Chicken
Breasts

\$2.99
lb.

Fresh
Pork
Tenderloin

\$2.99
lb.

Bar S Jumbo
Meat Franks

\$2.99
ea.

**YOUR CHOICE!
\$2.99!!!**

DELI

Roch's
Harvest
Turkey

Land O Lakes
4 Cheese
Italian Blend

Tomato
Mozzarella Salad



\$12.99
lb.

\$8.99
lb.

\$8.99
lb.

BAKERY

Chabaso
Ciabatta
Bread

Boston Cream
Cake Slice
Lemon Blueberry
Cookie



\$4.99
ea.

\$3.99
ea.

\$1.99
ea.

PREPARED FOODS

Stuffed Chicken
with Wild Rice

\$10.99
lb.

Chinese Rib Ends

\$8.99
lb.

Seafood
Stuffed Scrod

\$14.99
lb.

Grilled Polenta

\$6.99
lb.

Wood Grilled
Vegetables

\$6.99
lb.

ENTRÉE
American
Chop Suey

\$8.99
lb.

SEAFOOD

Seafood Appetizer Sale!

Crab Rangoon, Lobster or
Shrimp Spring Rolls & more!



20% OFF

• Now on Board at Roch's Fresh Foods: Mike Gionti, previous Director of Prepared Foods & Catering of Tom's Market •

Local Market
Locations:

West Greenwich

10 ARNOLD FARM ROAD
401-397-7624

HOURS: MON-SAT: 7AM-8PM; SUN: 7AM-7PM

Narragansett

1183 BOSTON NECK ROAD
401-284-2900

HOURS: MON-SAT: 7AM-8PM; SUN: 7AM-7PM

Visit us online at
www.rochs.com

Prices in effect August 26-Sept. 1

We reserve the right to limit quantities & correct typographical errors. Illustrations are for design purposes only. Items are while supplies last and no rain checks. Due to current market conditions, item retails may change, and products may become unavailable unexpectedly.