

ROCH'S

FRESH FOODS

Reliably Sourced
Locally Served

PROVIDING QUALITY PRODUCE AND FRIENDLY
SERVICE TO OUR COMMUNITY SINCE 1954

Supporting Local Businesses

- Enjoy over 30 Flavors from Warwick Ice Cream •
- Dairy & Milk Products from Wrights Dairy Farm •

Fresh Sandwiches Made Daily
Fresh Fish & Chips Every Friday

AT OUR WEST GREENWICH LOCATION ONLY

GROCERY



Post
Honey Bunches
of Oats
11-12 oz.
Assorted Varieties

\$4.49
ea.



Barilla
Pasta
16 oz.

3/\$5

Boves
Pasta Sauce
Basil, Garlic, Vodka 24 oz.

\$5.99
ea.

Tates
Cookies
7 oz.

\$5.99
ea.

Smuckers
Strawberry
Squeeze 20 oz.

\$2.99
ea.

Jif
Peanut
Butter 16 oz.

2/\$5



PRODUCE

Rhode Island Round White
Potatoes

Locally Grown!

Fresh Cut Chunks
Watermelon

Ready to Eat!

\$3.99
lb.

Jumbo
Green Peppers

\$1.79
lb.

Sweet and Delicious
Galia Melons

\$2.99
ea.

Butter and Sugar
Corn

Local!

2/\$1

Cosmic Crisp or Soluna
Apples

Excellent for eating!

\$1.99
lb.

Ready to Eat
Pineapple Chunks

\$3.99
lb.

Local
Eggplant

\$1.49
lb.

5#
Paper Bags

\$2.99
ea.

10#
Paper Bags

\$4.99
ea.

DELI

Kayem
Pastrami

\$13.99
lb.

Boar's Head
Pepper Jack Cheese

\$7.99
lb.

Sartori 5.3 oz.
Cheese Wedge

\$4.99
ea.

Roma
Tortellini Salad

\$8.99
lb.



BUTCHER SHOP

Roch's
Loaded
Burgers

\$8.99
lb.

Assorted Flavors!

**Thick & Juicy
8oz Burgers!!**

Fresh
Chicken
Party Wings

\$2.99
lb.

Johnsonville
Bratwurst

19 oz.
Pkg. **\$6.99**
ea.



BAKERY

Crusty
Italian
Bread

\$3.99
ea.

Lemon Meringue
Pie

\$16.99
ea.

Chaos
Cookie

\$1.99
ea.



PREPARED FOODS

Chicken Zingarella
w/Mushrooms, Roasted Red
Peppers and Spicy Tomato

\$10.99
lb.

Beef Lo Mein

\$11.99
lb.

Twice
Baked Potatoes
Loaded w/Bacon & Scallions

\$3.49
ea.

Lemon Garlic
Green Beans

\$5.99
lb.

ENTRÉE

Salisbury Steak
w/Gravy, Mashed Potato & Vegetable

\$9.99
lb.

SEAFOOD

Store Made
Stuffed Shrimp
Ready to Bake!

\$2.99
ea.



• Now on Board at Roch's Fresh Foods: Mike Gionti, previous Director of Prepared Foods & Catering of Tom's Market •

Local Market
Locations:

West Greenwich

10 ARNOLD FARM ROAD
401-397-7624

HOURS: MON-SAT: 7AM-8PM; SUN: 7AM-7PM

Narragansett

1183 BOSTON NECK ROAD
401-284-2900

HOURS: MON-SAT: 7AM-8PM; SUN: 7AM-7PM

Visit us online at
www.rochs.com

Prices in effect August 19-25