

ROCH'S

FRESH FOODS

Reliably Sourced
Locally Served

PROVIDING QUALITY PRODUCE AND FRIENDLY
SERVICE TO OUR COMMUNITY SINCE 1954

Supporting Local Businesses

- Enjoy over 30 Flavors from Warwick Ice Cream •
- Dairy & Milk Products from Wrights Dairy Farm •

Fresh Sandwiches Made Daily
Fresh Fish & Chips Every Friday

AT OUR WEST GREENWICH LOCATION ONLY

GROCERY

General Mills **Kix Cereal**
\$4.99 ea. 12 oz.



Quaker **Instant Oatmeal** **\$3.99** ea.
9.3-12.1 oz. Variety Pack
Progresso **Bread Crumbs** **2/\$7**
15 oz.



Sclafani **Preserves** **\$5.99** ea.
12.3 oz. Assorted Varieties
Brianna's **Salad Dressing** **2/\$8**
12 oz.



PRODUCE

Paula Red Apples **\$1.79** lb.



3 lb. Bag **Clementines** **\$5.99** ea.
Package **Romaine Hearts** **\$2.99** ea.
Fresh Cut **Fruit Salad** **\$4.99** lb. *"Bonnet Shores"*
Red Peppers **\$1.99** lb.
Honeydew Melons **\$4.99** ea.

DELI

Boar's Head **Black Forest Ham** **\$13.99** lb.
Boar's Head **White Cheddar Cheese** **\$9.99** lb.
Creamy Italian Pasta Salad **\$7.99** lb.



BAKERY

Sourdough Boule **\$4.99** ea.
4 Pack David's Cinnamon Rolls **\$6.99** ea.
Apple Caramel Crisp Cookie **\$1.99** ea.

BUTCHER SHOP

King & Queen **Ground Beef** **\$29.99** ea. 5 lb.



Hatfield Ham Steaks **\$2.99** ea.
Assorted Flavors
Simply Mashed Potatoes **\$4.59** ea.
24 oz. Asst. Flavors



PREPARED FOODS

Italian Breaded Eggplant **\$8.99** lb.
Chicken Marsala **\$9.99** lb.
Oven Roasted Baby Potatoes **\$6.99** lb.
Roasted Brussels Sprouts **\$6.99** lb.

ENTRÉE

Meatloaf Dinner **\$8.99** lb.
w/Mashed Potato & Vegetable

SEAFOOD

Frozen Tuna Steaks **\$11.99** lb.
8 oz.



• Now on Board at Roch's Fresh Foods: Mike Gionti, previous Director of Prepared Foods & Catering of Tom's Market •

Local Market Locations:

West Greenwich

10 ARNOLD FARM ROAD
401-397-7624

HOURS: MON-SAT: 7AM-7PM; SUN: 7AM-6PM

Narragansett

1183 BOSTON NECK ROAD
401-284-2900

HOURS: MON-SUN: 7AM-7PM

Visit us online at
www.rochs.com

Prices in effect September 9-15

We reserve the right to limit quantities & correct typographical errors. Illustrations are for design purposes only. Items are while supplies last and no rain checks. Due to current market conditions, item retails may change, and products may become unavailable unexpectedly.