

ROCH'S

FRESH FOODS

Reliably Sourced
Locally Served

PROVIDING QUALITY PRODUCE AND FRIENDLY
SERVICE TO OUR COMMUNITY SINCE 1954

Supporting Local Businesses

- Enjoy over 30 Flavors from Warwick Ice Cream •
- Dairy & Milk Products from Wrights Dairy Farm •

Fresh Sandwiches Made Daily
Fresh Fish & Chips Every Friday

AT OUR WEST GREENWICH LOCATION ONLY

GROCERY

Sclafani
Linguine, Fettucine,
Spaghetti or Cappellini
16 oz.

\$1.99
ea.

Sclafani
Spaghetti Sauce
16 oz.

\$3.99
ea.

Sclafani
Clam Sauce
10.5 oz.

\$3.99
ea.

D.E. Vine Foods
Honey Balsamic Dressing
12 oz.

\$4.99
ea.



PRODUCE

Red or Green
Seedless
Grapes

\$2.99
lb.

Honeycrisp
Apples

Sweet & Healthy!

\$1.99
lb.

Local Eggplant

\$1.49
lb.

Green or Yellow
Squash

\$1.49
lb.

Butternut
Squash

89¢
lb.

Decorative
Mums

Large Size

\$9.99
ea.

BUTCHER SHOP

Marinated
Chicken
Breast
Skewers

16 oz. Pkg.

\$7.99
ea.

4 Flavors to Choose From!

Boneless
Pork
Chops

\$3.99
lb.

DELI

Triple M
Roast
Beef

\$15.99
lb.

Boar's Head
Smoked Gouda

\$8.99
lb.

Confetti
Orzo Salad

\$5.99
lb.

BAKERY

Rosemary
Focaccia
Bread

4 Pack

\$5.99
ea.

2 Pack
Apple Turnovers

\$4.99
ea.

Pumpkin Loaf

\$6.99
ea.

PREPARED FOODS

Eggplant
Roll Up
with Ricotta

\$7.99
lb.

Chicken
Parmesan

\$8.99
lb.

Italian Style
Green Beans

\$6.99
lb.

ENTRÉE
Stuffed Peppers

\$8.99
lb.

SEAFOOD

Sea Best Frozen

Bay Scallops

1 lb. Bag **Ready to Cook!**

\$9.99
ea.



• Now on Board at Roch's Fresh Foods: Mike Gionti, previous Director of Prepared Foods & Catering of Tom's Market •

Local Market Locations:

West Greenwich

10 ARNOLD FARM ROAD
401-397-7624

HOURS: MON-SAT: 7AM-7PM; SUN: 7AM-6PM

Narragansett

1183 BOSTON NECK ROAD
401-284-2900

HOURS: MON-SUN: 7AM-7PM

Visit us online at
www.rochs.com

Prices in effect September 16-22